

Adult – Understanding ACE Inhibitors

Course Description: This module is not intended to be a pharmaceutical reference, but is a comprehensive guide to understanding how ACE Inhibitors (ACEIs) work to improve heart function. The module is easy to understand, to remove the intimidation that is often associated with cardiac medications, and to broaden your assessment capabilities. It will boost both knowledge and confidence when treating cardiac patients.

Course Objectives:

- Define what ACE stands for
- List the effects of Angiotensin II and relate them to how ACEIs work
- Discuss the causes of left-ventricular remodelling and the importance of preventing it
- Describe the side effects of ACEIs, including angioedema
- Discuss the indications and side effects for Angiotensin Receptor Blockers (ARBs)
- Offer tips for educating patients who are taking ACEIs