

Adult – Understanding Antiarrhythmics

Course Description: This module is not intended to be a pharmaceutical reference, but is a comprehensive guide to understand how antiarrhythmic medications work to improve heart function. The module is easy to understand, to remove the intimidation that is often associated with cardiac medications, and to broaden your assessment capabilities. It will boost both knowledge and confidence when treating cardiac patients.

Course Objectives:

- Briefly describe arrhythmias and goals for treating them
- Describe the indications, side effects, treatment goals, and contraindications for the following types of Antiarrhythmics: Beta Blockers, Calcium Channel Blockers, Sodium Channel Blockers, Amiodarone, and Digoxin.
- Describe the symptoms associated with Digoxin toxicity
- Present tips for educating patients about antiarrhythmic medications