

## **Cardiac Risk Factors - QL**

**Course Description:** This module discusses the influence of various risk factors on both patients and disease processes. It also reviews risk factors' role in the development of cardiac disease, describes steps that can be taken to minimize risk, suggests life-style and behavior modifications, discusses inherited risk factors, and offers tips for interviewing patients, extracting information about them, and relating risk factors to them.

### **Course Objectives:**

- Describe cardiac risk factors and the role of each factor in developing heart disease
- Differentiate risk factors that can be minimized or eliminated from those that are unavoidable